mindhealth

REFERRALS & ENQUIRIES

1300 084 200

Mon–Fri 9am–5pm · mindhealth.com.au

INFORMATION FOR GPS & REFERRERS

Psychology & allied health for your patients

For **adolescents, adults, couples and families** — in Parramatta, or by telehealth anywhere in Australia.

HOW TO REFER

MHTP and referral letter from the patient's MyMedicare practice or usual GP. Up to 6 sessions, then GP review.

Current wait 1–2 weeks
We aim to triage in 1 business day

HEALTHLINK EDI	SECURE ONLINE	EMAIL	FAX
mindhlth	mindhealth.com.au/refer Scan to refer from your phone	refer@mindhealth.com.au	1300 829 955

Please include presenting concern · history · medications · risk indicators · funding stream · preferred clinician, gender or language

OUR TEAM



Bülent Ada
Principal Psychologist



Sijal Ansari
Clinical Psychologist



Shahim Ahmad
Clinical Psychologist



Mohan Shankarappa
Clinical Psychologist



Robert Ruane
Clinical Neuropsychologist



Steve Sutton
Counselling Psychologist



Irfan Yigit
Senior Consultant Psychologist



Taline Bardakjian
Consultant Psychologist



Michael Cheung
Consultant Psychologist



Bill Singh
Consultant Psychologist



Annette Haggerty
Consultant Psychologist



Shareen Birges
Counselling Social Worker

We speak **English, Turkish, Hindi, Urdu, Kannada, Cantonese, Mandarin and Portuguese**, with interpreters through TIS National

WHAT WE DO

Therapy CBT, DBT, ACT, schema, EMDR, CPT, prolonged exposure and TF-CBT, for individuals, couples, families and groups.

Programs Stress and anxiety, mood, DBT and other group programs.

Assessment ADHD, autism, neuropsychological, memory, cognitive/IQ (WAIS-V, WISC-V), academic (WIAT) and adaptive behaviour.

Reports Centrelink, NDIS, immigration, school and university, and psycho-legal. Not forensic or family-law reports.

Focus areas Anxiety, panic, phobias, OCD, depression, PTSD and trauma, ADHD, autism, relationships and anger.

Workplace EAP, workers compensation and return to work.

Telehealth Video or phone, Medicare-rebatable Australia-wide.

FUNDING & FEES

Medicare (MHTP) · NDIS self/plan managed · Aged care · Comcare · Workers comp (SIRA) · CTP · DVA · EAP · Private health

PSYCHOLOGIST · 50 MIN	FEE	CONCESSION*	REBATE†
Clinical or Principal Medicare item 80010	$295	$250	$149.05
Consultant Medicare item 80110	$270	$230	$101.55

*Pension, Health Care Card or student ID. †Medicare rebate, also paid on concession fees. Medicare funds **10 individual + 10 group** sessions a year. DVA White/Gold Card: bulk-billed. Fees from 1 July 2026.

MIND HEALTH · MON–FRI 9AM–5PM

Suite 1, Level 3, 20 Wentworth Street, Parramatta NSW 2150
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refer@mindhealth.com.au · mindhealth.com.au

PATIENT IN CRISIS

Emergency	**000**	Lifeline	**13 11 14**
Suicide Call Back	**1300 659 467**	13YARN	**13 92 76**
NSW Mental Health Line	**1800 011 511**		

For health professionals. Psychologists registered with Ahpra; social worker an AASW member. Registration numbers on request.