mindhealth

Suite 1, Level 3, 20 Wentworth St, Parramatta NSW 2150
1300 084 200 | info@mindhealth.com.au | mindhealth.com.au

Psychology fee schedule

Effective 1 July 2026 · Consultations, programs and third-party services

Individual therapy

Practitioner	Standard (50 min)	90 min#	120 min#	Medicare rebate**	Out of pocket (50 min)
Consultant Psychologist	**$270**	$405	$540	$101.55	$168.45
Clinical Psychologist	**$295**	$442.50	$590	$149.05	$145.95
Principal Psychologist	**$295**	$442.50	$590	$101.55	$193.45
Clinical Neuropsychologist	**$270**	$405	$540	$101.55	$168.45
Provisional Psychologist	**$145**	$217.50	$290	Not eligible	$145

 # Extended sessions recommended for: initial consultations, complex presentations, EMDR & trauma work

Concession rates

Evidence required: Pension/Health Care Card or valid student ID

Practitioner	Standard (50 min)	90 min#	120 min#	Medicare rebate**	Out of pocket (50 min)
Consultant Psychologist	**$230**	$345	$460	$101.55	$128.45
Clinical Psychologist	**$250**	$375	$500	$149.05	$100.95
Principal Psychologist	**$250**	$375	$500	$101.55	$148.45

Couples & family therapy

Service type	50 min	90 min	120 min	Description
Couples therapy (2 people)	**$345**	$520	$690	Relationship counselling, communication skills, conflict resolution
Family therapy (3+ people)	**$365**	$550	$730	Family dynamics, parenting support, behavioural interventions
PREPARE/ENRICH	**$780 (3 sessions)**			Pre-marriage assessment and skills program

Note: Couples and family therapy services are not eligible for Medicare rebates.

Group therapy programs†

e.g. Anxiety/Depression Group, CBT Skills Group, DBT Workshop

Program type	Sessions	Per session (1 h)	Total fee	Medicare rebate**	Out of pocket per session
Psychologist-led	10 weeks	$100	**$1,000**	$25.90	$74.10
Clinical Psychologist-led	10 weeks	$115	**$1,150**	$37.85	$77.15

† Requires a minimum of 4 participants. An initial assessment is required before the group starts (standard rates). GP referral and Mental Health Treatment Plan.

Third-party funded services

Provider	Service	Requirements	Rate/billing
DVA	Department of Veterans' Affairs	White/Gold card + referral	**Bulk billed**
Workers Comp^	SIRA NSW/WorkSafe/CTP/Comcare	Insurer pre-approval + referral	**Direct bill**
EAP	Employee assistance	Employer agreement	**Direct bill**
NDIS	Therapeutic/behaviour supports	NDIS plan with funding	**$252.99/hr**
Supervision	Individual or group supervision	Provisional registration	**$295/hr**
Other third party	e.g. employer or solicitor referred	Written agreement + referral	**$340/hr**

Important notes

- **Operating hours:** Monday to Friday, 9am to 5pm. **After hours/Saturday:** available on request (10% surcharge applies).
- ** **Referral requirements:** GP referral and Mental Health Treatment Plan required (max 10 sessions a calendar year, review after 6).
- ^ Pre-approval from the insurer/compensator required.
- Medicare, private health funds and third-party payers do not cover cancellation fees.
- Cancellations: phone 1300 084 200 (9am to 5pm weekdays) preferred; email accepted as a written record. Fees may apply (see Terms & Conditions).
- All fees are GST-free as health services. Full fees, rebates and the cancellation policy are at mindhealth.com.au/fees.

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Effective 1 July 2026 · Assessments and reports

Psychological assessments

All assessments include: clinical interview, standardised testing, scoring, comprehensive report, feedback session. Complex cases may require additional time.

Assessment type	Age	What's included	Hours	Fee
Mental Health Screen	12+	Initial diagnostic screening, symptom assessment, risk evaluation	3	**$810**
Adaptive Behaviour (ABAS)	6+	Daily living, communication, socialisation, practical life skills		
IQ Assessment (child or adult)	6+	Full cognitive profile, processing speed, working memory, learning ability, verbal/perceptual reasoning for children or adults	6	**$1,620**
Academic Achievement (WIAT)	4–50	Reading, writing, mathematics, oral language skills assessment		
ADHD Assessment	6+	Comprehensive attention/hyperactivity testing		
Cognitive Suitability to Driving	18+	Processing speed, visual acuity, attention, reaction time		
Executive Functioning	18+	Higher-order cognitive functioning (e.g. reasoning, adaptability)		
Memory Assessment	16+	Detailed memory testing, dementia screening, cognitive decline		
NDIS Functional Capacity	6+	Comprehensive functional assessment for NDIS access		
Personality Assessment (PAI/MMPI)	18+	Personality patterns, psychopathology screening, planning		
Mental Health Assessment	16+	Full diagnostic evaluation, risk assessment, differential diagnosis, treatment recommendations & planning	10	**$2,700**
IQ + Academic Achievement	6+	Complete learning assessment combining cognitive abilities and academic skills for educational planning		
ADHD + Adaptive Functioning	6+	ADHD diagnosis plus daily living skills assessment for support planning		
Autism Assessment	2+	Standardised autism assessment, developmental history, observation		
Neuropsychological Assessment	16+	Full battery: cognition, memory, attention, executive function, language, visuospatial, motor, daily functioning	12	**$3,240**
Custom Assessments + Reports	6+	Tailored combinations based on referral questions	TBD	**$340/hr**

Reports & documentation

Most reports typically require 3+ sessions depending on complexity. Sessions are charged separately at standard consultation rates.

Report type	Purpose	Fee
Brief Letter	Attendance confirmations, progress updates, simple updates	**$170**
Standard Clinical Report	Detailed treatment summaries, discharge reports, care team correspondence	**$680**
NDIS Plan Review	Functional capacity updates, goal progress, support recommendations	
University/Education	Special consideration, learning plan recommendations, exam adjustments	
Housing/Priority Housing	Social housing applications, priority accommodation support	**$1,020**
Immigration	Health assessments for visa applications, character references	
Centrelink/DSP	Disability Support Pension applications, medical evidence for benefits	
Victim Impact Statement	Trauma assessment, psychological harm documentation for compensation	
Psycho-Legal Reports	Psychological functioning for legal matters. Not forensic or family-law reports.	**$1,620–$2,720**
Personal Injury/TPD Report	Psychological impact of injury, functional capacity, future care needs	
Clinical File Review	Subpoena or legal requirements + photocopying @ 40c per page	**40c/page**

- Some organisations (e.g. Legal Aid) have specific processes and budget limits: enquire for details.
- Reports are released upon full payment of all fees (sessions + report). Payment plans are available for assessment services (conditions apply).
- Mind Health does not provide forensic court reports or independent family-law reports.

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Psychology fee schedule

Effective 1 July 2026 · Terms & Conditions

These Terms & Conditions govern the provision of psychological services by Mind Health Associates Pty Ltd ABN 37 671 714 766 ("Mind Health", "we", "us") to clients ("you", "your"). By booking or attending appointments, you agree to these terms.

1. Appointments & services

1.1 Session Duration: Standard consultations are 50 minutes. Extended sessions (90–120 minutes) available on request pending practitioner availability.

1.2 Service Delivery: Services provided face-to-face, via telehealth (video), or telephone at practitioner discretion.

1.3 Practitioner Allocation: We reserve the right to allocate or change practitioners based on availability and clinical suitability.

2. Fees & payment

2.1 Current Fees: Published at mindhealth.com.au/fees and subject to annual review.

2.2 Payment Terms: Initial consultations/assessments: Min. 50% deposit required at booking, refunded if you cancel with the required notice (3.2). Balance due at appointment. Reports released only upon full payment. Accepted methods: Credit/debit card, EFTPOS, HICAPS, direct debit, cash (exact amount only).

2.3 Medicare/Insurance: Where eligible, we process claims on-the-spot. You remain responsible for gap payments and any rejected claim.

3. Cancellation & rescheduling

3.1 Deposit Requirements: A minimum 50% deposit is required to secure all appointments. It is applied to your session fee when you attend, and refunded if you cancel with the required notice (3.2).

3.2 Notice Requirements

Service type	Required notice	Late cancellation	No-show/short notice
Standard appointments	48 hours	24–48h: 50% (forfeit deposit)	<24h / no-show: 100% (deposit + balance)
Assessments	7 days	48h–7 days: 50% fee	<48h: 100% fee
NDIS appointments	7 days	Per NDIS rules	Up to 100% ($252.99)
Group programs	7 days	No refund	No refund
Report writing	48 hours	Hours worked	Hours worked

3.3 How to Calculate Notice: The 48-hour period is calculated from your exact appointment time. For example, if your appointment is at 2:00pm on Friday, you must cancel by 2:00pm on Wednesday. Monday appointments require notification by the preceding Friday 5:00pm.

3.4 Acceptable Cancellation Methods: Phone 1300 084 200 (Monday to Friday, 9:00am to 5:00pm), preferred. Email accepted as a written record. NOT accepted: Text/SMS, social media.

3.5 Payment of Cancellation Fees: Credit/debit cards on file will be automatically charged. Outstanding fees must be paid before future appointments can be scheduled. Medicare, private health funds, and third-party payers do not cover cancellation fees.

3.6 Emergencies: Genuine emergencies may be considered on a case-by-case basis: Sudden illness requiring medical attention (medical certificate required); Serious accidents (documentation required); Death in immediate family; Natural disasters.

3.7 Repeated Cancellations: Two (2) consecutive cancellations or frequent pattern may result in: Review of commitment to therapy; Service termination to allow access for other clients; Prepayment required for future appointments.

3.8 Pre-paid Sessions: Non-refundable but transferable with appropriate notice.

3.9 Group Programs: Require 7 days' notice. We reserve the right to modify/suspend groups. Clients may request refund or reschedule in such cases.

4. Attendance & conduct

4.1 Punctuality: Arrivals >15 minutes late treated as no-show. Sessions not extended for late arrivals.

4.2 Zero Tolerance Policy: We maintain a safe environment for all. The following result in immediate termination: Violence, threats, or aggressive behaviour; Harassment of staff or other clients; Discrimination or hate speech; Intoxication or substance impairment during sessions; Property Damage.

4.3 Repeated Non-Attendance: Two (2) consecutive cancellations/no-shows may result in service termination.

5. Clinical policies

5.1 Consent: You consent to assessment and treatment as recommended by your practitioner.

5.2 Confidentiality: Subject to legal requirements including mandatory reporting obligations and court subpoenas.

5.3 Emergency Services: We are not a crisis service. In emergencies call 000, Lifeline, or present to nearest hospital.

5.4 Communication: Practitioners not available outside scheduled appointments. Non-urgent matters addressed at next session.

6. Records & reports

6.1 Clinical Records: Maintained per professional standards and privacy legislation.

6.2 Reports: Completed within agreed timeframes after full payment. Complexity may affect delivery.

6.3 Access: You may request access to your records subject to professional and legal limitations.

7. Privacy & data

7.1 Collection: We collect personal and health information necessary for service provision.

7.2 Use: Information used only for treatment, administration, and legal requirements.

7.3 Security: Records stored securely with restricted access.

7.4 Full Policy: mindhealth.com.au/privacy

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8. Complaints & feedback

8.1 Internal Process: Complaints directed to Practice Manager at info@mindhealth.com.au or 1300 084 200.

8.2 External Options: Australian Health Practitioner Regulation Agency (Ahpra); NSW Health Care Complaints Commission.

9. Liability & indemnity

9.1 Professional Services: Provided with reasonable care and skill. No guarantee of specific outcomes.

9.2 Limitation: Liability limited to re-supply of services or refund of fees paid.

9.3 Indemnity: You indemnify us against claims arising from breach of these terms.

10. General terms

10.1 Entire Agreement: These terms constitute the complete agreement superseding prior arrangements.

10.2 Variations: We may update terms with 30 days' notice via website or email.

10.3 Severability: Invalid provisions severed without affecting remaining terms.

10.4 Governing Law: Governed by laws of New South Wales, Australia.

10.5 More Information: Cancellation policy: mindhealth.com.au/cancellation-policy. Website terms of use: mindhealth.com.au/terms.

By engaging our services, you acknowledge understanding and accepting these Terms & Conditions.

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